

Express Me app guides

Learn the essentials of using Express Me, from creating an account to working with tiles and settings.

Use these guides to get started with the Express Me app and to look up a specific task later. They cover account setup, everyday use, creating and editing tiles, and personalizing settings.

A good place to start

[Register a new account](#).

[Build a sentence](#) to learn a core part of everyday app use.

[Add a word tile](#) to adapt the communication board.

[Change a tile name](#) when you want to refine existing content.

[Turn on dark mode](#) if you prefer a darker display.

Browse by task

Account

Create and confirm a new Express Me account.

Everyday use

Learn how to use tiles to build a sentence.

Create tiles

Add a word tile to your communication board.

Edit tiles

Change the name of an existing tile.

Settings

Adjust the app's appearance and other preferences.

Choose the format that works for you

The guides combine videos with step-by-step instructions. You can also open the complete transcript to read the spoken instructions, and use the PDF version when you want a downloadable reference.



Looking for browser instructions?

The guides on this page are for the Express Me app. For browser-based instructions, go to the [communication portal guides](#).